

Howard Gardner MI Charter School

Lunch Menu October 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Popcorn Chicken Cheese Ravioli Chicken BLT Salad None	4 Chicken Nuggets Stuffed Shells Chicken Caesar Salad	5 Grilled Cheese Meatball Hoagie Chef Salad	6 Spaghetti w/ Meatballs Fish Sticks Strawberry Chicken Salad	7 Pizza 1 slice Pizza 2 slices Potato Chip Crusted Chicken None Chicken Caesar Salad	8
9	10 Soft Taco Spaghetti w/ Meat Sauce Chicken BLT Salad None	11 Soft Taco Spaghetti w/ Meat Sauce Chicken BLT Salad None	12 Chicken Pattie French Toast Sticks Strawberry Chicken Salad	13 Cheese Burger Hot Dog Chicken Caesar Salad	14 Pizza 1 slice Pizza 2 slices Meatball Hoagie Chicken Caesar Salad	15
16	17 Popcorn Chicken Hard Boiled Eggs Chicken Caesar Salad	18 Steak & Cheese Hoagie Penne w/ Butter Strawberry Chicken Salad	19 Chicken Nuggets Spaghetti w/ Meatballs Taco Salad	20 Potato Chip Crusted Chicken None Cheese Quesadilla Chef Salad	21 Pizza 1 slice Pizza 2 slices Cheese Burger Chicken Caesar Salad	22
23	24 Meatball Hoagie Stuffed Shells Taco Salad	25 Chicken Nuggets Hot Dog Chicken Caesar Salad	26 Chicken Pattie French Toast Sticks Chef Salad	27 Hot Roast Beef Hot Turkey Strawberry Chicken Salad	28 Pizza 1 slice Pizza 2 slices Grilled Ham & Cheese Chicken Caesar Salad	29
30	31 11:25 Dismissal No Lunch					
Parents: Please keep in mind class trips. Do not order a lunch if your child will not be in school for their scheduled lunch period.						

Grade/Class

Student Name:

Student Name

Procedure for Ordering Lunches

Please circle one item option for each day your child would like to purchase lunch.
Enclose your money with your order and send in to the school. Checks made payable to:
HGMICS. Please have all orders in to us by Wednesday September 28, 2016.

12
Cheese Burger Starch, vegetable, dessert and milk
Hot Dog Starch, vegetable, dessert and milk
Strawberry Chicken Salad Dinner Roll, dessert and milk

Mon-Friday

_____	x \$4.35 =	_____	+	_____
# of days		amount enclosed		

Fridays Pizza ONLY

_____	x \$2.25 =	_____	+	_____
1 Slice of pizza		amount enclosed		

_____	x \$3.75 =	_____	+	_____
2 Slices of pizza		amount enclosed	=	_____

Ala Carte (cash only paid at time of purchase)

In addition to the balanced lunch, students have the option of purchasing individual items. Items offered daily:

- Juice: Grape and Orange .60
- Milk .60
- Water \$1.00
- Ice Cream Cup .60
- Soft Pretzel W/ cheese \$1.50
- Round Pizza Slices \$1.75
- Snacks .50-\$1.50

Lunch Items: Chicken Nuggets: Lt breaded all white meat chicken (baked) Fish sticks: Lt breaded white fish (baked) Taco: Fresh gr beef American cheese Cheese Ravioli: Cheese stuffed ravioli with a homemade sauce Chicken Pattie: White meat patty (baked) on roll Popcorn Chicken: White meat chicken (baked) Chicken Ceasar salad: fresh romaine lettuce, shredded cheese, homemade croutons and grilled chicken breast Cheeseburger: 100% all beef patties Steak & Cheese: Chopped rib eye Roast beef: fresh roasted roast beef BBQ chicken: Fresh white meat chicken breast in homemade sweet/mild wing sauce. *Red sauce and Alfredo sauce are homemade (Never from a Jar)* Each lunch will come with 2 sides and a dessert depending on lunch item for that day.

Lunch side item vary from: Mashed potatoes, Homemade rice, Fries (baked), Tator tots (baked), Macaroni & Cheese, Buttered noodles, Scalloped potatoes, Roasted potatoes, Vegetables (fresh), Fresh garden salad, Applesauce, Homemade bread.